+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Opening sentences

My soul waits for the Lord more than those who watch for the morning, more than those who watch for the morning.

Call Out of the depths I have cried to You.

Response O Lord, hear my voice.

Call With my whole heart I want to praise You.

Response O Lord, hear my voice.

Call If you, Lord, should mark iniquities: Response who could stand? who could stand?

I will wait for the Lord. My soul waits, and in His word do I hope.

Expressions of faith

Lord, You have always given bread for the coming day; and though I am poor, today I believe.

> Lord, You have always given strength for the coming day; and though I am weak, today I believe.

Lord, You have always given peace for the coming day; and though of anxious heart, today I believe.

> Lord, You have always kept me safe in trials; and now, tried as I am, today I believe.

Lord, You have always marked the road for the coming day; and though it may be hidden, today I believe.

> Lord, You have always lightened this darkness of mine; and though the night is here, today I believe.

Lord, You have always spoken when time was ripe; and though You be silent now, today I believe.

Scripture readings

Psalm

Old Testament Scripture New Testament Scripture

Daily reading

Meditation for the day of the month

Prayers for others

Canticle

In the shadow of Your wings
I will sing Your praises, O Lord.

The Lord is my light, my salvation;

whom shall I fear?

The Lord is the refuge of my life; of whom shall I be afraid?

In the shadow of Your wings
I will sing Your praises, O Lord.

One thing I ask of the Lord, one thing I seek;

to dwell in the presence of my God,

to gaze on Your holy place.

In the shadow of Your wings
I will sing Your praises, O Lord.

I believe I shall see the goodness of the Lord in the land of the living.

O wait for the Lord! Have courage and wait, wait for the Lord.

In the shadow of Your wings
I will sing Your praises, O Lord.

Blessing

See that you be at peace among yourselves, my children, and love one another.

Follow the example of the wise and the good, and God will comfort you and help you, both in this world and in the world which is to come.

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

DAILY OFFICE

MORNING, MIDDAY AND EVENING PRAYER



These forms of daily prayer are used at Nether Springs, the Mother House of the Northumbria Community, and by Companions and Friends of the Community wherever they are.

It is usual for all those present to say the words out loud together, except for the lines marked *Call* which are said by the leader alone.

+ indicates that you may make the sign of the cross.



©2015 Northumbria Community Trust

MORNING PRAYER

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Opening sentences

One thing I have asked of the Lord, this is what I seek: that I may dwell in the house of the Lord all the days of my life; to behold the beauty of the Lord and to seek Him in His temple.

Call Who is it that you seek?

Response We seek the Lord our God.

Call Do you seek Him with all your heart?

Response Amen. Lord, have mercy.

Call Do you seek Him with all your soul?

Response Amen. Lord, have mercy.

Call Do you seek Him with all your mind?

Response Amen. Lord, have mercy.

Call Do you seek Him with all your strength?

Response Amen. Christ, have mercy.

Declaration of faith

To whom shall we go?
You have the words of eternal life,
and we have believed and have come to know
that You are the Holy One of God.

Praise to You, Lord Jesus Christ, King of endless glory.

Scripture readings

Psalm Old Testament Scripture New Testament Scripture

Daily reading

Meditation for the day of the month

Prayers for others

Christ, as a light

Canticle

illumine and guide me.
Christ, as a shield
overshadow me.
Christ under me;
Christ over me;
Christ beside me
on my left and my right.
This day be within and without me,
lowly and meek, yet all-powerful.

Be in the heart of each to whom I speak; in the mouth of each who speaks unto me.

This day be within and without me, lowly and meek, yet all-powerful.

Christ as a light; Christ as a shield; Christ beside me on my left and my right.

Blessing

May the peace of the Lord Christ go with you, wherever He may send you.

May He guide you through the wilderness, protect you through the storm.

May He bring You home rejoicing at the wonders He has shown you.

May He bring you home rejoicing once again into our doors.

 In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

More extensive forms of liturgy, prayer, meditations and daily readings from the Northumbria Community (together with detailed acknowledgements where material is not original to the Community) can be found in both Celtic Daily Prayer Book 1: The Journey Begins (ISBN 9780008123024) and Celtic Daily Prayer Book 2: Farther Up and Farther In (ISBN 9780008100193) published by Collins and available by mail order from our website www.shop. northumbriacommunity.org. This liturgy card has been purchased as a pdf download that specified the number of copies that could be printed. If further copies are required, please do not photocopy this card but return to www.shop.northumbriacommunity.org and purchase a further licence.

MIDDAY PRAYER

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Opening sentences

Let the beauty of the Lord our God be upon us. Establish Thou the work of our hands; establish Thou the work of our hands.

The Lord's Prayer

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done; on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. Amen.

Declaration of faith

We believe and trust in God the Father Almighty. We believe and trust in Jesus Christ His Son. We believe and trust in the Holy Spirit. We believe and trust in the Three in One.

Canticle

Teach us, dear Lord, to number our days; that we may apply our hearts unto wisdom.

Oh, satisfy us early with Thy mercy, that we may rejoice and be glad all of our days.

And let the beauty of the Lord our God be upon us; and establish Thou the work of our hands.

And let the beauty of the Lord our God be upon us; and establish Thou the work of our hands, dear Lord.

Blessing

Let nothing disturb Thee, nothing affright Thee; all things are passing, God never changeth! Patient endurance attaineth to all things; who God possesseth in nothing is wanting; alone God sufficeth.

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.